



What to bring with you

A few essentials that you must bring:

- Personal items/toiletries
- Towels (there are private washrooms/showers)
- Sleeping bag/pillow and all bedding
- Flashlight (optional)

Lodge facilities include:

- **Shared rooms** with two single beds
- Common seating area and Wi-Fi

Retreat questions?

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2018 Retreat Weekend

“Prayer Beyond Words”

February 23-25

Loon Lake Retreat

*14500 Silver Valley Rd.
Maple Ridge, BC*

On-line Registration

February 23-25 Weekend:

[https://tinyurl.com/
formation-feb/](https://tinyurl.com/formation-feb/)
(Register by Feb. 9th)

Your \$30 fee includes all accommodation/meals/snacks; the majority of the cost is subsidized by our project sponsors.

*For the Life of the
World
(Pro Mundi Vita)*

“Prayer Beyond Words”

**2018 Spiritual
Formation
Weekend Retreat**
*(A “Next Generation”
Pilot Project)*

A uniquely Anglican spiritual retreat that welcomes the **Holy Spirit** to personally transform participants to actively engage in Christian life and mission.



Diocese of New Westminster
ANGELICAN CHURCH OF CANADA

ANGELICAN
FOUNDATION OF CANADA



Spiritual formation begins where you are and incrementally guides you into a deeper and more profound encounter with the living Christ...

For the Life of the World

“Prayer Beyond Words”

A uniquely Anglican Spiritual Formation Retreat for the Next Generation

Participation in a Spiritual Retreat suggests something about what we believe about God. That is, we believe that we are met by God when we step away from our everyday situation. Spiritual retreat is a “third place”: it is outside of our home and our church. It can provide a unique lens on these more routine places and provide insight and renewal for us to re-enter these more ordinary places with renewed vigor.

One of the goals of the Retreat is to meet people where they are and to respond to their needs, in order that they might better encounter God and be equipped to further their spiritual journeys.

The format of the Retreat supports spiritual formation through personal encounters with God through the power of the Holy Spirit. Using creative structured exercises, music and art, each individual is empowered to experience refreshment in new and common ways to pray, to reflect on her or his own faith journey to encounter Christ in the Scriptures, and to seek a time of contemplative rest in God and in community.

(Turn over for registration information)

“Prayer Beyond Words” The Retreat Schedule*

Friday night:

Words into Silence

4:00 pm Registration Opens

6:00 Dinner/Introductions

7:00 Session 1 & Evensong

Saturday morning:

Words that make us Whole

8:00 Breakfast

9:00 Session 2

11:30 Free time

12:00 Lunch

Saturday afternoon:

Words that make me Whole

1:00 Sessions 3

3:00 Session 4

6:00 Dinner

7:00 Compline (Campfire)

Sunday:

Word(s) Made Flesh

9:00 Breakfast

10:00 Session 5

10:30 Holy Eucharist

12:00 Lunch

12:30 Reflection/Evaluation

2:00 Travel home and return to the world where God has placed you. ☺

(* Times are subject to change)